

1. JOB DESCRIPTION

- 1.1 The coach works predominantly from club to national level.
- 1.2 He works mostly with good level tournament players.
- 1.3 He is able to do group and individual work with good level tournament players.
- 1.4 He is in charge of the overall programme in a club (tennis, fitness, competition, etc.)
- 1.5 He probably has coaches working for him.
- 1.6 He runs the advanced programmes (tournament players, training camps, etc.).
- 1.7 He takes teams to events and tournaments.
- 1.8 He plans the tournament players' annual training and competitive programmes.
- 1.9 He is possibly a tutor for the level I courses.

2. KNOWLEDGE

- 2.1 Technical: Knowledge of advanced techniques (stroke production and movement) that are appropriate for tournament players.
- 2.2 Tactical: Knowledge of advanced tactics that are appropriate for tournament players.
- 2.3 Adequate knowledge of the various levels of the game (national, junior international, professional international).
- 2.4 Diagnosis and correction: has a detailed knowledge of diagnosis and correction (biomechanical principles) which then allows them to make sound diagnosis and correction of advanced techniques.
- 2.5 Teaching ability: Understanding of how tournament players perform, how to conduct an advanced training session, group and individual, using advanced teaching styles, understanding of the coaching process, progressions, correct use of advanced demonstrations, correct use of the five game situations in each lesson through appropriate drills and exercises.
- 2.6 Organisation ability: Ability to organise safely any lesson with tournament players (leadership, space, group exercises, etc.).
- 2.7 Knowledge of tennis rules and advanced tournament regulations.
- 2.8 Knowledge of advanced elements of safety, first aid, injury prevention and basic physiology concepts applied to tennis.
- 2.9 Knowledge of advanced elements of fitness as they relate to tournament players.
- 2.10 Psychology: Knowledge of mental training techniques that are appropriate for tournament players.
- 2.11 Knowledge of periodisation principles including training and competitive aspects.

3. PLAYING LEVEL

- 3.1 Experienced tournament player at least at national level.
- 3.2 Ability to be a sparring partner with tournament players.
- 3.3 Ability to demonstrate all of the advanced techniques.
- 3.4 Ability to feed as appropriate to the situation.

4. PERSONAL ATTRIBUTES

- 4.1 Interest/enthusiasm in being an advanced coach. Quest for new information.
- 4.2 Good personality/motivator.
- 4.3 Good advanced communication skills (voice, body language, feedback, humour, language, etc.).
- 4.4 Good appearance/presence on the court (confident).
- 4.5 Professional attitude (time keeping, reliable, interest in the students).